



Today's Lunch Menu

Fresh Soup of the day €5.50 (ask server re allergens)

Served with our own Homemade Brown Bread

Atlantic Seafood Chowder €8.50 (1,4,7)

Smoked fish and prawn chowder served with our own Homemade Brown Bread

BLT €9.95 (1,3,6,7)

Our own in-house bacon, with Lettuce, Tomato & Mayonnaise on Toasted Sourdough Bread, served with Fries

Hot Beef Sandwich €9.95 (1,3,6,7,10)

Roast Beef, Roasted Red Peppers, fried onions, Mozzarella & Dijon Mustard Mayonnaise, on Toasted Sourdough served with Fries

Chicken Mayo Sandwich €9.95 (1,3,6,7,10)

Chicken, Mayonnaise & Caramelised Onion Stuffing, on Toasted Sourdough served with Fries

Calamari €9.95 (1,2,6,7,9,10,14)

Breaded Rings of Calamari, Served with a sweet Chilli Dipping Sauce & Salad

Buffalo Style Chicken Wings with Celery & Blue Cheese dip €9.95 (1,6,7,9,10)

Fresh Chicken Wings infused with a choice of our own Buffalo sauce or BBQ sauce.

Connemara Mussels €18.95 (1, 7, 12, 14) (As a Starter €9.95)

Cooked in a garlic, cream and white wine sauce served with brown bread

Open Smoked Salmon & Prawn €13.95 (1,2,3,4,7)

Served on our homemade brown bread, served with a side salad

Chicken Goujons €13.95 (1,3,7)

Tender Breaded Chicken Strips, served with French Fries

Mannion's Fish & Chips €17.95 (1,3,4,6,7,9,10)

Atlantic Cod in Clifden's own Ale Batter, served with Chips & Homemade Tartare Sauce & Mushy Peas

Goats Cheese Salad €15.95 (1,6,7,8,9,10)

Panko coated Goats Cheese, served with caramelized Onion, Pesto & Pine Nuts and a house salad

Mannion's Chicken Korma Curry €15.95 (5,7,8,9,10)

Marinated chunks of chicken in a rich creamy yoghurt, coconut and almond curry sauce, Served with Rice, Naan bread and Poppadums

Traditional Connemara Lamb Stew €18.95 (Allergens: 7, 9)

Slow Cooked Local Lamb with Carrots, Celery, Leeks, Onions & Potatoes

Sides: French Fries (7); House Salad (1,10), Home made Brown Bread (1,7) €3.95

Allergens (in Brackets)

1. Cereals containing gluten, 2. Crustaceans:3. Eggs: 4. Fish: 5. Peanuts:6. Soybeans:7. Milk:8. Nuts: 9. Celery:10. Mustard:
11. Sesame seeds:12. Sulphur dioxide and sulphites:13. Lupin:14. Molluscs:



All our beef is of Irish Origin.

